# 2024 SUMMARY of BENEFITS

Benefits effective January 1, 2024

Prominence Health Plan Prominence Extra Help (HMO)

South Texas Region Brooks, Cameron, Hidalgo, Jim Hogg, Starr, Webb, Willacy and Zapata Counties



# 2024 SUMMARY of BENEFITS

Prominence Extra Help (HMO)

H7680, 009 (South Texas Region)

This is a summary of health and drug services covered by Prominence Health Plan for January 1, 2024, through December 31, 2024.

The benefit information provided is a summary of what we cover and what you pay. It does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please request the *2024 Evidence of Coverage* booklet by calling 1-855-969-5882 (TTY users should call 711). You can also view and download the *2024 Evidence of Coverage* booklet at <u>ProminenceMedicare.com</u>.

Prominence Extra Help (HMO) has a network of doctors, hospitals, pharmacies and other providers. If you use providers that are not in our network, the plan may not pay for these services.

Prominence Health Plan is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in Prominence Health Plan depends on contract renewal.

To join Prominence Extra Help (HMO), you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area includes the following counties in Texas:

H7680-009: Brooks, Cameron, Hidalgo, Jim Hogg, Starr, Webb, Willacy and Zapata

For coverage and costs of Original Medicare, look in your current *Medicare* & *You* handbook. You can view it online at <u>www.medicare.gov</u> or request a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. (TTY users call 1877-486-2048.)

This document is available in other formats such as Braille or large print.

For more information, please call us at 1-855-969-5882 (TTY users should call 711.) Hours are 8 a.m. to 8 p.m., seven days a week from October 1 through March 31, and Monday through Friday from April 1 through September 30. Calls to this number are free. You can also visit us at: <u>ProminenceMedicare.com</u>.

Premiums and Benefits	Prominence Extra Help (HMO) – 009 South Texas	What you should know
Monthly Plan Premium	\$0	You must continue to pay your Medicare Part B premium. You must have Medicare's Extra Help to pay \$0
Deductible	\$0	This plan has no deductible.
Maximum Out-of-Pocket (Does not include prescription drug costs.)	\$3,400 per year.	This is the most you pay for copayments, coinsurance and other costs for medical services covered under your plan.
Inpatient Hospital Coverage	<ul> <li>\$0-\$50 per day for days 1 -5.</li> <li>\$0 per day for days 6 -90.</li> <li>*Copay depends on hospital used.</li> <li>Select services provided at \$0.</li> </ul>	Your physician is required to notify the plan when you are admitted.
Outpatient Hospital Coverage Outpatient surgery or other services received in an outpatient hospital setting	\$0 for outpatient hospital.	Prior authorization is required for outpatient, observation services and ambulatory surgical center services.
Observation care	\$0 for observation care.	
Ambulatory surgical center services	\$0 for ambulatory surgical center.	
Doctor Visits		Defemale and arise with simetica
Primary care providers	\$0 Primary care visit.	Referrals and prior authorization may be required for specialist visits.
Specialists	\$0 Specialist visit.	
Preventive Care	\$0 for Original Medicare preventive services.	Any additional preventive services approved by Medicare during the contract year will be covered. For more information, please see Chapter 4: "Medical Benefits Chart (what is covered and what you pay)" in the 2024 Evidence of Coverage.
Annual Physical Exam	\$0	You may have copayments for screening exams and/or diagnostic tests received before or after this visit.

Premiums and Benefits	Prominence Extra Help (HMO) – 009 South Texas	What you should know
Emergency Care	\$60 Freestanding emergency facility. \$125 Other emergency facilities.	The copayment will be waived if you are admitted to the hospital as an inpatient for the same condition within three days of an
		emergency care visit.
	\$125 Outside the United States.	Annual maximum coverage amount of \$25,000 applies for emergency services and urgent care visits outside the United States. This does not include planned procedures.
Urgent Care	\$0 per visit.	The copayment will be waived if you are admitted to the hospital as an inpatient for the same condition within three days of an urgent care visit.
	\$0 outside the United States.	Annual maximum coverage amount of \$25,000 applies for emergency services and urgent care visits outside the United States. This does not include planned procedures.
Diagnostic Services/Labs/ Imaging		Prior authorization is required for diagnostic and therapeutic radiological services and
Diagnostic procedures/ tests and lab services	\$0 for diagnostic procedures.	genetic testing lab services.
Diagnostic radiological services (such as CT scans, MRIs)	\$0 for diagnostic radiological services (e.g., CT scans and MRIs).	
Therapeutic radiological services	\$20 for therapeutic radiological services.	
Outpatient x-rays	\$0 for x-rays.	

Premiums and Benefits	Prominence Extra Help (HMO) – 009 South Texas	What you should know
Hearing Services	\$0 routine hearing exam for hearing aids. One exam per year.	You are responsible for any amount over the hearing aid coverage limit.
	\$0 Medicare-covered hearing services. (Diagnostic hearing and balance exams.)	All hearing aids must be purchased through Hearing Care Solutions.
	\$600 toward hearing aids per year (per ear).	Schedule appointments through Hearing Care Solutions at 866- 344- 7756.
		Prior authorization and referrals not required.
Dental Services - Medicare-covered	\$0	Prior authorization and referrals not required.
Dental Services - preventive and comprehensive	Preventive and comprehensive dental services are included with no additional monthly	No deductible, copayment or coinsurance.
(Included Dental Plan)	premium.	\$3,000 per year maximum coverage for preventive and
	Covered services include:	comprehensive dental services combined.
	teeth cleaning - 2 per year oral exam - 2 per year dental x-rays, once a year non-routine services diagnostic services	You are responsible for any amount over the dental coverage limit.
	restorative services endodontics periodontics	You must use the Delta Dental Medicare Advantage PPO network of providers.
	extractions prosthodontics oral/maxillofacial surgery	

Premiums and Benefits	Prominence Extra Help (HMO) – 009 South Texas	What you should know
Vision Services	\$0 for routine eye exam (eye exams for glasses or contacts). One exam per year.	You must use the National Vision Administrators (NVA) vision network of providers. Prior authorization and referrals
	\$0 for Medicare-covered eye exams (exams to diagnose and treat diseases and conditions of the eye).	not required.
	\$200 annual allowance for eyewear.	
Mental Health Services	\$0 per day.	For inpatient mental healthcare stays, your physician is required to notify the plan when you are admitted.
Outpatient therapy visit	\$0 for individual or group therapy.	Prior authorization is required for individual or group psychiatric sessions; prior authorization is not required for mental health specialty services from a non- physician provider.
Partial hospitalization	\$0 per day for partial hospitalization services.	Prior authorization is required for partial hospitalization services.
Skilled Nursing Facility	\$0 per day, days 1–20. \$50 per day, days 21–100.	Prior authorization is required.
Physical Therapy	\$0	Prior authorization is required for visits over 12 annually.
Ambulance	You pay \$300 per transportation segment.	A segment is transport by ambulance to the nearest appropriate facility.
		If you are then transported by ambulance to another facility, you will pay for another segment.
		Prior authorization required for non-emergency transport.
		Copayment waived if you are admitted to the hospital as an inpatient.

Summary of Benefits Extra Help Plan

Premiums and Benefits	Prominence Extra Help (HMO) – 009 South Texas	What you should know
Transportation	\$0 for plan approved transportation services.	Unlimited one-way trips to plan- approved health-related locations each year. Mileage limits may apply.
		Prior authorization required.
Medicare Part B Drugs	0-20% of the total cost of chemotherapy and other Part B drugs.	Prior authorization may be required for Part B drugs.
Medical Equipment/ Supplies Durable medical equipment (DME) (e.g., wheelchairs, oxygen)	\$0 of total cost including diabetic meters and test strips.	Prior authorization is required for durable medical equipment, prosthetics, medical supplies and diabetic therapeutic shoes or inserts.
Prosthetics (e.g., braces, artificial limbs) and medical supplies		The only covered blood glucose monitors and test strips are CONTOUR <sup>®</sup> products. (No authorization is required unless quantity greater than 150 strips
Diabetic supplies		<ul> <li>per 30-day supply is requested.)</li> <li>Continuous glucose monitoring supplies require prior authorization. The only brand covered is FREESTYLE LIBRE<sup>®</sup> products.</li> <li>Other brands require prior authorization and medical necessity.</li> <li>Coverage limited to one meter or continuous glucose monitor for every 365 days.</li> </ul>
<b>Podiatry Services</b> (Foot care)	<ul> <li>\$0 for routine foot care.</li> <li>\$0 for Medicare-covered podiatry services.</li> <li>\$0 for diabetic foot care.</li> </ul>	Limit of 12 visits per year for routine care. Prior authorization is required for all.
Chiropractic Care	\$0 for Nedicare-covered chiropractic services.	Limit of 12 visits per year for routine care. Prior authorization is required for all.



Premiums and Benefits	Prominence Extra Help (HMO) – 009 South Texas	What you should know
<b>Meal Program</b> (Post- hospital discharge)	\$0	You may qualify for up to 42 meals delivered to you over a 14-day period depending on your need. Prior authorization is required.
Food and Utility Benefit	Allowance can be used to purchase healthy foods or help pay for utilities bills like water or electricity. Members with End-Stage Renal Disease may qualify for \$250 per month. Members with other chronic conditions (e.g., hypertension, diabetes and more) may qualify for \$100 per month.	Prior authorization and Care Coordination approval may be required. Other chronic conditions include: Autoimmune disorders, cancer, cardiovascular disorders, chronic and disabling mental health conditions, chronic alcohol and other drug dependence, chronic heart failure, chronic lung disorders, dementia, diabetes, end-stage liver disease, heart arrythmias, HIV/AIDS, hypertension, morbid obesity, neurologic disorders, severe hematologic disorders, stroke.
Fitness Benefit (The Silver&Fit <sup>®</sup> Healthy Aging and Exercise Program)	\$0	Access to fitness center membership at a participating network location. Option to select a Home Fitness kit, including, Fitbit, Garmin, yoga, strength kits and more.
<b>Over-the-Counter</b> (OTC) medications and products	\$120 quarterly allowance.	Unused balances do not carry over to the next period.
Telehealth Services	\$0 for medical care and mental health services.	For primary care physician services and individual sessions for mental health specialty services through Teladoc.

In-Network Retail Pharmacy Outpatient Prescription Drugs (30-day Supply)*		
Yearly deductible stage	No deductible.	
Initial coverage stage		
Tier 1: Preferred Generic	You pay \$0.	
Tier 2: Generic	You pay \$0.	
Tier 3: Preferred Brand	You pay \$0.	
Tier 4: Non-preferred Drugs	You pay \$0.	
Tier 5: Specialty Drugs	You pay \$0.	
Tier 6: Select Care Drugs	You pay \$0.	
<b>Coverage gap stage</b> (You enter the coverage gap stage when your total drug costs have reached \$5,030.)	You pay \$0.	
Catastrophic coverage stage (You enter the catastrophic coverage stage when your out-of-pocket drug costs reach \$8,000.)	You pay \$0.	

\*Prescription drugs may be up to a 100-day supply.

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.

To pay no deductible and \$0 for your prescription drugs, you must be enrolled in Medicare's Extra Help program.



Mail Order Outpatient Prescription Drugs (100-day Supply)*		
Yearly deductible stage	No deductible.	
Initial coverage stage		
Tier 1: Preferred Generic	You pay \$0.	
Tier 2: Generic	You pay \$0.	
Tier 3: Preferred Brand	You pay \$0.	
Tier 4: Non-preferred Drugs	You pay \$0.	
Tier 5: Specialty Drugs	Not available.	
Tier 6: Select Care Drugs	You pay \$0.	
Coverage gap stage	You pay \$0.	
(You enter the coverage gap stage when		
your total drug costs have reached \$5,030.)		
40,000.)		
Catastrophic coverage stage	You pay \$0.	
(You enter the catastrophic coverage stage when your out-of-pocket drug		
costs reach \$8,000.)		

Cost sharing may change when you enter another phase of the Part D benefit. For more specific information on the phases of the benefit, please call us or access our *2024 Evidence of Coverage* online at <u>ProminenceMedicare.com</u>.

To pay no deductible and \$0 for your prescription drugs, you must be enrolled in Medicare's Extra Help program.

## **Pre-Enrollment Checklist**

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 855-969-5882 (TTY: 711), 8 a.m. to 8 p.m., seven days a week from October 1 to March 31 and 8 a.m. to 8 p.m., Monday through Friday from April 1 to September 30.

#### **Understanding the Benefits**

- Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services for which you routinely see a doctor. Visit <u>ProminenceMedicare.com</u> or call 855-969-5882 (TTY: 711) to view a copy of the EOC.
- Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- Review the pharmacy directory to make sure the pharmacy you use for any prescription drugs is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

### **Understanding Important Rules**

- □ You must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums and/or copayments/coinsurance may change on January 1 of each plan year.
- Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).
- If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have TRICARE<sup>®</sup>, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact TRICARE<sup>®</sup> for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.

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Prominence Health Plan is an HMO plan with a Medicare contract. Enrollment in Prominence Health Plan depends on contract renewal.

This information is not a complete description of benefits. For more information, call 1-855-969-5882 (TTY:711) 8:00 a.m. to 8:00 p.m., seven days a week from October 1 to March 31 and Monday through Friday from April 1 to September 30.

Limitations, copayments and restrictions may apply. Benefits, premiums and/or copayments/coinsurance may change on January 1 of each year. The formulary, pharmacy network and/or provider network may change at any time. You will receive notice when necessary.

View our *Provider and Pharmacy Directory* on our website at: <u>ProminenceMedicare.com</u>.

You can see the complete plan *Formulary* (list of Part D prescription drugs) and any restrictions on our website at <u>ProminenceMedicare.com</u>.

The Silver&Fit<sup>®</sup> program is provided by American Specialty Health Fitness, Incorporated (ASH Fitness), a subsidiary of American Specialty Health Incorporated (ASH). All programs and services are not available in all areas. Silver&Fit is a registered trademark of ASH and used with permission herein.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-969-5882 (TTY: 711).

