



2026 OTC BENEFITS CATALOG

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Health

&more™



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- Due to the personal nature of these products, returns are not accepted. However, if you receive a damaged item, please call OTC Benefit Services within 30 days.
- Product availability and pricing may vary throughout the year. For the most up-to-date product catalog please refer to andmorehealth.com.
- You may order additional products over your quarterly allowance and pay the balance with a credit card.

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Bedding & Seating Support

Pillows & Cushions



Medline Contoured Lumbar Cushion
Premium foam. Ideal for wheelchairs, car, home, office.
Firm support. 14" x 13".

1 Ct
6006
\$28.00



Medline Invalid Foam Ring Contoured Cushion
Puncture-resistant foam with washable cover. 16"
diameter.

1 Ct
3377
\$30.00

Daily Living Aids

Bathroom Aids



Medline Rubber Bath Mat
Suction cups on bottom. 13.4" x 29"

1 Ct
6166
\$17.00



Medline 24-Inch Knurled Chrome Grab Bar
Mounts directly to wall with included hardware. 300 lb.
capacity.

1 Ct
5001
\$26.00



Medline Handheld Showerhead Kit
Standard spray. Includes diverter valve, wall holder and
extra-long 7-foot hose.

1 Ct
7507
\$33.00



Medline Shower Chair with Arms and Back
Helps provide extra stability while bathing. 13.5"D seat. 350
lb. weight cap.

1 Ct
6047
\$66.00



Medline Locking Raised Toilet Seat with Arms
Wide, contoured surface raises seat level by 5". Padded
arms. 400 lb. weight capacity.

1 Ct
6043
\$52.00

Dressing Aids



Medline Curved Grip Plastic Shoehorn
17-inches long.

1 Ct
7119
\$8.00

Household Aids



Medline Pistol Grip Reacher

Extends your reach by 2 feet to grasp lightweight objects. 32" long.

1 Ct
2126
\$30.00



Medicine Pill Bottle Opener with Magnifying Glass

Great for those with arthritis. Built-in 4X magnifier to read small label print.

1 Ct
1986
\$12.00



Medline Pill Cutter and Crusher

Compact size is great for travel. Plastic and stainless steel.

1 Ct
1984
\$12.00



Medline 7-Day Pill Organizer

Separate, color-coded compartments for AM/PM doses. 8.75"L x 4.5"W x 0.8"H.

1 Ct
1698
\$16.00



CURAD QuickStop! Flex-Fabric Bandages

Helps stop minor bleeding fast. Small and medium sizes.

30 Ct
1638
\$8.00



CURAD Soothe & Cool Hydrogel Bandages

Cools on contact. Soothes, cushions and protects minor burns, blisters and abrasions. Assorted sizes.

8 Ct
1064
\$12.00



CURAD Plastic Adhesive Bandages

Breathable protection with nonstick pad. 2" x 4".

50 Ct
1641
\$12.00



CURAD Adhesive Bandage Variety Pack

First aid essential in assorted sizes.

200 Ct
1891
\$13.00



CURAD Clear Waterproof Bandages

Holds tight even when wet. 4-sided seal. 1" x 3".

100 Ct
1043
\$7.00

First Aid

Adhesive Bandages



CURAD Flex-Fabric Bandages

Breathable woven fabric stretches and moves with you. 4-sided seal. Assorted sizes.

100 Ct
6511
\$7.00



BAND-AID Flexible Fabric Adhesive Bandages

Comfortable protection stretches as you move. 1" x 3".

100 Ct
3713
\$19.00



Tru-Colour Skin Tone Bandages

Flexible fabric. Brown skin tone.

20 Ct
7311
\$7.00



Tru-Colour Skin Tone Bandages

Flexible fabric. Olive skin tone.

20 Ct
7310
\$7.00



CURAD QuickStop! Flex-Fabric Bandages

Helps stop minor bleeding fast. 0.75" x 2.83".

30 Ct
1063
\$10.00

Antiseptics & Cleaners



Medline Hydrogen Peroxide 3% 16 oz.

Multi-use first aid antiseptic.

1 Ct
3559
\$4.00



Medline 70% Isopropyl Alcohol 16 oz.

Topical first aid essential.

1 Ct
1073
\$6.00



CURAD Medium 2-Ply Alcohol Prep Pads

Trusted first aid essential in individually wrapped packages.

100 Ct
3853
\$6.00



Medline Isopropyl Alcohol Prep Pads

Medium pad saturated with 70% isopropyl alcohol. 1.125" x 2.375".

200 Ct
1044
\$6.00



ReadyPrep PVP Povidone Iodine Prep Solution 4 oz.

Effective first aid antiseptic.

1 Ct
1077
\$5.00



Medline Sterile Saline Wound Wash 7.1 oz.


Gently cleanses minor cuts, scrapes and burns.

1 Ct
6556
\$19.00




Dressings & Gauze

- | | | |
|--|--|---------------------------------|
|  | Medline Conforming Stretch Gauze Bandage
Great for hard-to-wrap areas. Rayon/poly. Sterile. 4" x 75" roll. | 1 Ct
1929
\$3.00 |
|  | CURAD Sterile Non-Stick Pads
Absorbent, non-stick pad protects minor cuts, scrapes. Medium 3" x 4". | 20 Ct
1637
\$10.00 |
|  | Medline Sterile Cotton Gauze Bandage
Gently stretches to conform to contours. 4.5" x 4.1 yd. roll. | 1 Ct
1068
\$2.00 |
|  | Medline Woven Cotton Gauze Sponges
4" x 4" 12-ply gauze squares. Individual 2-packs. Sterile. | 50 Ct
4009
\$6.00 |


Elastic Bandages



- | | | |
|--|--|-------------------------------|
|  | CURAD Premium Self-Stick Cohesive Wrap
Strong compression with foam-like texture. Nonsterile. 2" x 5 yd. roll. | 1 Ct
6015
\$4.00 |
|--|--|-------------------------------|

First Aid Kits






- | | | |
|--|---|---------------------------------|
|  | CURAD 30-Piece Mini First Aid Kit
Travel-size bandages, wipes, antibiotic ointment. | 1 Kit
3435
\$6.00 |
|  | CURAD 75-Piece Compact First Aid Kit
Clean and protect minor cuts, burns. Great for travel. | 1 Kit
6009
\$11.00 |
|  | CURAD 175-Piece Complete First Aid Kit
Bandages, alcohol swabs, gloves, tweezers, finger splint and more. | 1 Kit
1056
\$19.00 |

Tapes

- | | | |
|--|--|-------------------------------|
|  | CURAD Heavy-Duty Cloth Medical Tape
Firmly holds dressings and splints in place. 1" x 10 yd. roll. | 1 Ct
1931
\$6.00 |
|--|--|-------------------------------|

- | | | |
|---|---|--------------------------------|
|  | CURAD Gentle Adhesive Paper Medical Tape
1" x 10 yd. roll. | 1 Ct
6547
\$5.00 |
|  | CURAD Waterproof Adhesive Medical Tape
Tough cotton cloth plus strong adhesive to hold tight. 1/2" x 10 yd. roll. | 1 Ct
6016
\$10.00 |

Wound Ointments, Gels & Pastes

- | | | |
|---|---|--------------------------------|
|  | CURAD Triple Antibiotic Ointment 1 oz.
Helps promote healing. Bacitracin, neomycin, polymyxin B. | 1 Ct
1083
\$6.00 |
|  | CURAD Triple Antibiotic + Pain Relief Ointment 1 oz.
Helps promote healing and reduce pain. Bacitracin, neomycin, polymyxin B, pramoxine. Max strength. | 1 Ct
1925
\$7.00 |
|  | Neosporin + Pain Relief Antibiotic Ointment 1 oz.
No sting. Bacitracin, neomycin, polymyxin B, pramoxine. | 1 Ct
6719
\$21.00 |
|  | CURAD Bacitracin Zinc Antibiotic Ointment 1 oz.
Helps promote healing in minor cuts, scrapes, burns. | 1 Ct
1053
\$6.00 |
|  | Sheffield Scar Gel 0.7 oz.
Compare to active ingredient in Mederma Advanced Scar Gel. | 1 Ct
7322
\$8.00 |

Home Essentials

Outdoor Care

- | | | |
|---|--|--------------------------------|
|  | Ben's DEET Tick and Insect Repellent 3.4 oz.
Water-based formula with 30% DEET for tick and mosquito protection. | 1 Ct
1048
\$14.00 |
|---|--|--------------------------------|

Home Test & Monitoring

Blood Pressure & Accessories

- | | | |
|---|---|--------------------------------|
|  | Medline Digital Blood Pressure Monitor Cuff
Genuine manufacturer replacement. Adult XL (16.5" - 18.9"). | 1 Ct
6566
\$29.00 |
|---|---|--------------------------------|



HealthSmart Digital Std Blood Pressure Monitor
One-button operation. Stores 60 readings for 2 people.
Auto adult arm cuff.

1 Ct
5034
\$46.00



Medline Digital Blood Pressure Monitor
Stores 90 measurements for 2 users. Universal cuff (8.7"-16.5" arm circumference) AC power adapter and batteries.

1 Ct
1099
\$65.00

Oximeters



Medline Soft Touch Fingertip Pulse Oximeter
Quickly reads SpO2 and heart rate. Large LCD display.

1 Ct
6252
\$42.00

Scales



DMI Precision Digital Kitchen Scale
Tare function. Measures oz., lb., gram, mL. Max 11 lb. weight. 7.15" x 5.5" x 0.57".

1 Ct
7335
\$30.00

Test Kits



iHealth COVID-19 Antigen Home Test Kit
Results in just 15 minutes.

2 Ct
7336
\$29.00



HealthyMe UTI Test Strips
Easy at-home test with results in just 2 minutes.

3 Ct
3721
\$16.00

Thermometers & Accessories



Medline Infrared Talking Ear/Forehead Thermometer
Reading in just 1 second. Results in your choice of 6 languages.

1 Ct
1100
\$42.00



Medline Infrared No-Touch Forehead Thermometer
Takes body and surface temps from 1-inch away.

1 Ct
1094
\$65.00



Medline Oral Digital Thermometer
Results in 30 seconds. One-piece, snap-on protective cover.

1 Ct
1089
\$6.00



Medline Flex-Tip Digital Thermometer
30-second read time. Oral, rectal or axillary use.

1 Ct
3465
\$8.00

Incontinence

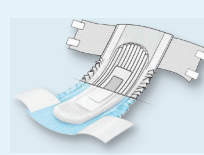
Additional incontinence products, including more sizes, absorbency levels, and counts are available at andmorehealth.com.

Bladder Pads



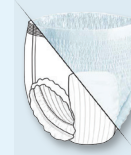
One-size fits all

Briefs



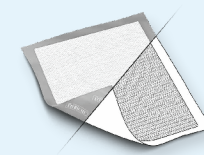
Select your waist-size for best fit

Protective Underwear



Select your waist-size for best fit

Underpads



Select from various sizes

Bladder Pads



Medline FitRight ActivEdge Guards for Men
Extra protection where a man needs it. Max absorbency. 5.9" x 12.6".

52 Ct
1411
\$21.00



Medline FitRight ActivEdge Bladder Pads
Contoured shape with fabric-like backsheet.

Light absorbency. 3.5" x 9"	20 Ct	1412	\$7.00
Moderate absorbency. 4" x 11"	16 Ct	1413	\$6.00
Maximum absorbency. 5" x 14"	10 Ct	1414	\$8.00
Ultimate absorbency. 6" x 16"	10 Ct	1415	\$7.00

Briefs



Medline FitRight OptiFit Extra Disposable Briefs
Cloth-like adult diaper with skin-safe tabs. Extra absorbency.

S (20"-32" waist)	20 Ct	1791	\$17.00
L (44"-56" waist)	20 Ct	1788	\$19.00
XL (56"-64" waist)	20 Ct	1792	\$19.00
2XL (60"-70" waist)	20 Ct	1793	\$20.00



Medline FitRight OptiFit Ultra Disposable Briefs
Cloth-like adult diaper with soft anti-leak guards. Ultra absorbency.

L (44"-56" waist)	20 Ct	1112	\$25.00
XL (56"-64" waist)	20 Ct	1114	\$25.00

Protective Underwear



Medline FitRight Ultra Disposable Underwear

Pull-on fits & feels like real underwear. Ultra absorbency.

M (28"-40" waist)	20 Ct	1852	\$17.00
L (40"-56" waist)	20 Ct	1850	\$20.00
XL (56"-68" waist)	20 Ct	1854	\$19.00



Medline FitRight Extended Wear Protective Underwear

Premium disposable pull-on for overnight leak protection. M (28"-40" waist).

16 Ct
1845
\$24.00



Medline FitRight ActivEdge Underwear for Men

Extra protection where a man needs it. Max absorbency.

S/M (28"-40" waist)	20 Ct	1416	\$20.00
L/XL (40"-56" waist)	20 Ct	1417	\$20.00



Medline Women's Reusable Bladder Control Panty

Absorbent 3-ply fiberfill layer. Machine wash. L (30"-33" waist).

1 Ct
1825
\$19.00



Medline FitRight ActivEdge Underwear for Women

Odor & leak protection. Max absorbency.

S/M (28"-40" waist)	20 Ct	1418	\$20.00
L/XL (40"-56" waist)	20 Ct	1419	\$20.00

Underpads



Medline FitRight Underpads

Fluff/polymer core plus waterproof backing. Moderate absorbency. 23" x 36".

15 Ct
1615
\$10.00



Medline FitRight Ultra Underpads

Fluff/polymer core for absorbency and odor control. Heavy absorbency. 30" x 36".

10 Ct
1619
\$10.00



Medline Pro Plus Best Polymer Underpads

Disposable, all-purpose pad with absorbent SAP polymer core. 23" x 36".

150 Ct
4053
\$78.00



Medline Premium Disposable Polymer Underpads

Premium protection for wheelchairs, beds, more. 30" x 30".

10 Ct
1427
\$9.00



Medline Sofnit 300 Reusable Twill Underpad

Absorbent 55% cotton/45% poly with vinyl back. Machine wash. Pink. 34" x 36".

1 Ct
1614
\$13.00

Medical Equipment & Supplies

Medical Containers



Medline Multipurpose Sharps Container 1 Gallon

Slide lid. Can be wall mounted.

1 Ct
4026
\$9.00

Medical Nutrition

Nutritional Supplements



Nestle Boost Nutritional Drink Original 8 oz.

10 g protein. 27 vitamins and minerals. Rich chocolate flavor.

24 Ct
3560
\$77.00



Nestle Boost Nutritional Drink Original 8 oz.

10 g protein. 27 vitamins and minerals. Very vanilla flavor.

24 Ct
2178
\$77.00



Ensure Original Nutrition Shake 8 oz.

220 calories, 9 g protein. Milk chocolate.

1 Ct
6836
\$8.00



Ensure Original Nutrition Shake 8 oz.

220 calories, 9 g protein. Strawberry.

1 Ct
6837
\$7.00



Ensure Original Nutrition Shake 8 oz.

220 calories, 9 g protein. Vanilla.

1 Ct
6838
\$7.00



Glucerna Nutritional Shake 8 oz.
















180 calories, 10 g protein. Chocolate.

24 Ct
4098
\$104.00

	Glucerna Nutritional Shake 8 oz. 180 calories, 10 g protein. Vanilla.	24 Ct 4097 \$104.00		Fexofenadine 24-Hour Allergy Relief Tablets 180 mg Non-drowsy. Compare to the active ingredient in Allegra Allergy.	30 Ct 1015 \$20.00
	Marcel's 4GEN Nutrition Shake 8 oz. 9 g protein, 220 calories. Shelf-stable. Chocolate flavor.	24 Ct 5028 \$59.00		GoodSense Non-Medicated Vapor Inhaler Compare to Vicks VaporInhaler.	1 Ct 6661 \$8.00
	Marcel's 4GEN Nutrition Shake 8 oz. 9 g protein, 220 calories. Shelf-stable. Vanilla flavor.	24 Ct 5029 \$59.00		Children's Allergy Loratadine Oral Solution 5 mg Grape flavor.	1 Ct 7403 \$11.00
	Medline Active Protein Powder 8 oz. 6 grams of whey protein per serving. Unflavored.	1 Ct 4096 \$30.00		Claritin 24-Hr Antihistamine Allergy Tablets 10 mg Helps relieve indoor and outdoor allergy symptoms.	30 Ct 3842 \$46.00

Medications Over-the-Counter

Allergy & Sinus

	Medline Cetirizine Allergy Relief Tablets 10 mg 24-hour relief. Compare to the active ingredient in Zyrtec.	30 Ct 1866 \$8.00		GeriCare Loratadine 24-Hr Non-Drowsy Allergy Relief Tablets 10 mg Compare to the active ingredient in Claritin.	30 Ct 1013 \$10.00
	Medline Cetirizine Allergy Relief Tablets 10 mg 24-hour relief. Compare to the active ingredient in Zyrtec.	90 Ct 1012 \$12.00		Fluticasone Propionate Nasal Spray 50 mcg Non-drowsy 24-hour relief. Compare to the active ingredient in Flonase. 120 metered doses.	1 Ct 1024 \$21.00
	Zyrtec Cetirizine Allergy Antihistamine Tablets 10 mg For indoor and outdoor allergies.	30 Ct 8241 \$36.00		FLONASE 24-Hour Allergy Relief Nasal Spray Non-drowsy. 72 metered sprays.	1 Ct 6665 \$31.00
	Benadryl Allergy Ultratabs 25 mg Helps relieve hay fever, allergy symptoms. Small, easier-to-swallow tablets.	48 Ct 6160 \$21.00		CURAD Breathe Clear Nasal Strips Helps open nose and relieve nasal stuffiness. 1" x 2.5".	30 Ct 5008 \$12.00
	Diphenhydramine Antihistamine Tablets 25 mg Compare to the active ingredient in Benadryl Allergy Ultratabs.	100 Ct 1776 \$9.00		Major 12-Hour Nasal Decongestant Spray 30 mL Compare to the active ingredient in Afrin Original Nasal Spray.	1 Ct 6028 \$6.00
	GoodSense Children's Allergy Relief Liquid 4 oz. Compare to the active ingredient in Children's Benadryl Allergy Liquid. Cherry.	1 Ct 1775 \$12.00		Reliable-1 Saline Nasal Spray 3 oz. Compare to the active ingredient in Ocean.	1 Ct 1033 \$12.00
	Allegra Allergy Fexofenadine 24Hr Tablets 180 mg Non-drowsy.	30 Ct 6031 \$36.00		Vicks Sinex Saline Ultra Fine Nasal Mist 5 oz. Instantly clears everyday congestion. Drug-free and safe for daily use.	1 Ct 3829 \$16.00
			Anti-Fungal & Anti-Itch		
				Kerasal Fungal Nail Renewal Ointment 0.33 oz. Results in just 2 days.	1 Ct 7910 \$41.00

**CareAll 1% Clotrimazole Antifungal Cream 1 oz.**

Compare to the active ingredients of Lotrimin AF.

1 Ct
2302
\$9.00**Sheffield Antifungal Cream 1.25 oz.**

Compare to the active ingredient in Tinactin.

1 Ct
1143
\$8.00**Medline Remedy Clinical Antifungal Ointment 2.5 oz.**

2% miconazole nitrate for treatment of athlete's foot, jock itch. Unscented.

1 Ct
3707
\$11.00**Medline Remedy Miconazole Antifungal Powder 3 oz.**

Helps relieve itching and burning. Light vanilla scent.

1 Ct
1245
\$8.00**Benadryl Extra Strength Itch Stopping Cream 1 oz.**

Cooling relief for most outdoor itches. 2% diphenhydramine.

1 Ct
6035
\$10.00**CURAD Hydrocortisone 1% Anti-Itch Cream 1 oz.**

Helps reduce eczema, psoriasis and other skin condition symptoms.

1 Ct
1059
\$6.00**Dr. Sheffield Anti-Itch Cream 1.25 oz.**

2% diphenhydramine. Compare to the active ingredients in Benadryl Extra Strength.

1 Ct
1045
\$7.00**Scalpicin Max Strength Scalp Itch Relief Liquid 1.5 oz.**

1% hydrocortisone.

1 Ct
7413
\$21.00**Clotrimazole 7-Day Vaginal Suppository Cream 45g**

One tube of cream plus one reusable applicator.

1 Ct
1194
\$13.00**Cough, Cold & Flu****CareAll Medicated Chest Rub 3.53 oz.**

Compare to the active ingredients in Vicks VapoRub.

1 Ct
1026
\$8.00**Vicks VapoRub Ointment 3.53 oz.**

Original camphor, eucalyptus and menthol formula.

1 Ct
3833
\$18.00**Theraflu Flu Relief Max Strength Powder Packets**

Honey lemon flavor.

6 Ct
6673
\$25.00**GoodSense NightTime Cold & Flu Multi-Symptom Relief**

Compare to the active ingredients of Vicks NyQuil Cold & Flu softgels.

16 Ct
6676
\$9.00**Major High Blood Pressure Cough & Cold Tablets**

Compare to the active ingredients in Coricidin HBP Cough & Cold.

16 Ct
2079
\$8.00**Coricidin HBP Cold and Flu Relief Tablets**

Decongestant-free. Acetaminophen and chlorpheniramine maleate antihistamine.

20 Ct
3869
\$17.00**GoodSense Cold Max Day/Night Cold Relief Caplets**

Multi-symptom relief. 12 daytime caplets/8 nighttime caplets.

20 Ct
1018
\$10.00**Mucinex DM 12-Hr Expectorant & Cough Tablets**

600 mg guaifenesin, 30 mg dextromethorphan.

20 Ct
6671
\$28.00**GoodSense Day Time Cold & Flu Softgels**

Compare to the active ingredients of Vicks NyQuil Cold & Flu.

24 Ct
6678
\$10.00**Zicam Cold Remedy Zinc Rapidmelts**

Homeopathic quick-dissolve tablets. Non-drowsy. Citrus flavor.

25 Ct
6670
\$23.00**Vicks DayQuil / NyQuil Vapocool Combo Pack**

Severe cold and flu relief.

48 Ct
6681
\$36.00**GoodSense Nighttime Cough Cold Flu Medicine 12 oz.**

Compare to the active ingredients in Vicks NyQuil Cold & Flu. Cherry flavor.

1 Ct
1870
\$11.00**GoodSense Day Cold Flu Multi-Symptom Liquid 12 oz.**

Alcohol-free. Compare to the active ingredients in Vicks DayQuil Cold & Flu.


1 Ct
1867
\$11.00**GoodSense Menthol Cough Drops**


Compare to the active ingredient in Halls drops.


30 Ct
6187
\$8.00**GoodSense Cough Drops**


5.8 mg menthol. Cherry flavor. Compare to the active ingredient in Halls.


30 Ct
1020
\$7.00


 **GoodSense Cough Drops** 30 Ct
7.5 mg menthol. Compare to the active ingredient in Halls.
Honey lemon flavor. **1600**
\$9.00


 **Ricola Cough Drops** 45 Ct
Sugar free. Lemon mint flavor. **6685**
\$12.00


 **Luden's Wild Cherry Throat Drops** 90 Ct
Soothes everyday throat irritation. 2.8 mg pectin. **3908**
\$15.00

 **Mucinex 12-Hr Expectorant Tablet 600 mg** 20 Ct
Helps loosen phlegm, thin bronchial secretions. Extended-release bi-layer tablet. **6686**
\$23.00


 **GeriCare GuaiaSorb DM Expectorant Cough Suppressant 4 oz.** 1 Ct
Sugar-free, alcohol-free, dye-free. 200 mg guaifenesin, 20 mg dextromethorphan. **3695**
\$10.00


 **Geri-Tussin DM Cough Suppressant Expectorant 16 oz.** 1 Ct
Compare to the active ingredients in Robitussin DM. **3708**
\$12.00


 **Guaifenesin Mucus Relief Tablets 400 mg** 100 Ct
Helps thin and loosen mucus and relieve chest congestion. **1028**
\$10.00

 **Major Sugar-Free Sore Throat Spray 6 oz.** 1 Ct
Cherry flavor. Compare to the active ingredient in Chloraseptic. **1602**
\$10.00


Medicated Treatments

 **Clearasil Ultra Deep Pore Cleansing Pads** 90 Ct
Visibly reduces pimple size in as little as 4 hours. 2% salicylic acid. **3972**
\$20.00


 **Abreva Cold Sore Treatment 2 g** 1 Ct
FDA-approved medicated cream with 10% docosanol helps shorten healing time. **1011**
\$50.00


 **GoodSense Medicated Lip Balm Treatment** 2 Ct
Palm-sized tin fits easily in your pocket. Pack of 2. **1158**
\$8.00


 **MG217 Psoriasis Medicated Multi-Symptom Ointment 3.8 oz.** 1 Ct
2% coal tar. **7692**
\$15.00


 **CURAD Mediplast Wart Remover Pad** 1 Ct
Helps remove warts, corns, calluses. 40% salicylic acid. 2" x 3". **1132**
\$4.00


Pain & Fever Relief

 **GoodSense Arthritis Pain Caplets 650 mg** 100 Ct
Compare to the active ingredient in Tylenol 8HR Arthritis Pain. **1186**
\$16.00

 **Night Time XStrength Pain Reliever Sleep Aid Caplets** 100 Ct
Compare to the active ingredients in Tylenol PM. **2301**
\$8.00


 **Medline Acetaminophen Tablets 325 mg** 100 Ct
Pain reliever and fever reducer. **7424**
\$11.00


 **Medline Acetaminophen Tablets 500 mg** 100 Ct
Pain reliever and fever reducer. **7425**
\$12.00


 **Tylenol Cold + Head Severe Congestion Caplets** 24 Ct
325 mg acetaminophen, 200 mg guaifenesin, 5 mg phenylephrine. **6698**
\$15.00


 **Tylenol Extra Strength Caplets 500 mg** 100 Ct
Helps relieve tension headaches, minor arthritis pain and more. **3874**
\$24.00

























 **Tylenol 8 Hr Muscle Aches and Pain Caplets 650 mg** 100 Ct
Temporary relief of minor backache, arthritis, headache. **6034**
\$26.00

 **Tylenol 8 Hr Arthritis Pain Tablets 650 mg** 225 Ct
Extended-release formula for relief of minor arthritis and joint pain. **3876**
\$42.00

 **Tylenol PM Ex Strength Night Pain Relief Caplets** 100 Ct
Non-habit forming when used as directed. 500 mg acetaminophen, 25 mg diphenhydramine. **5053**
\$29.00

 **After Bite Bug Itch Relief Pen 0.5 oz.** 1 Ct
Advanced formula with baking soda helps relieve itch from mosquitoes, bees. **1886**
\$10.00

 **Medline Low-Dose Chewable Aspirin Tablets 81 mg** 36 Ct
Compare to the active ingredient in Bayer Low Dose. Orange flavor. **1715**
\$4.00

	Medline Extra Strength Pain Relief Tablets 250 mg acetaminophen, 250 mg aspirin plus 65 mg caffeine.	100 Ct 1207 \$9.00		Medline ActivICE Topical Pain Reliever Spray 4 oz. Fast-acting muscle ache relief. Compare to the active ingredients in Biofreeze.	1 Ct 2034 \$17.00
	Medline Low-Dose Enteric Aspirin Tablets 81 mg Coated for easier swallowing. Compare to the active ingredient in Bayer Low Dose.	120 Ct 1190 \$8.00		Aspercreme Lidocaine Pain Relief Cream 2.7 oz. Numbs away pain. Non-greasy formula rubs in easily.	1 Ct 1187 \$19.00
	Bayer Low Dose Aspirin Tablets 81 mg Low dose aspirin made for adults whose doctor recommends a low dose aspirin regimen. Safety coated.	120 Ct 6707 \$16.00		Biofreeze Cold Therapy Pain Relief Gel 3 oz. Vanishing scent. Gel roll-on.	1 Ct 8663 \$21.00
	Excedrin Migraine Caplets 250 mg acetaminophen, 250 mg aspirin and 65 mg caffeine.	100 Ct 3873 \$26.00		Dr. Reddy's Arthritis Pain Relief Gel 3.53 oz. Compare to the active ingredient in Voltaren Arthritis Pain Gel.	1 Ct 6172 \$17.00
	Low-Dose Enteric-Coated Aspirin Tablets 81 mg Compare to the active ingredient in Bayer Low Dose Aspirin.	300 Ct 1191 \$12.00		CareAll Muscle Rub Cream Ultra Strength 3 oz. Nongreasy formula. 10% menthol, 15% methyl salicylate.	1 Ct 1209 \$10.00
	Medline Burn Spray with Aloe Vera 4 oz. No-sting, pain relieving formula for sunburn and itch relief.	1 Ct 6008 \$10.00		Voltaren Arthritis Pain Relief Gel 1.7 oz. Full prescription strength 1% diclofenac sodium. Clean scent.	1 Ct 6718 \$21.00
	GoodSense Hemorrhoid Ointment 2 oz. Compare to the active ingredients in Preparation H Hemorrhoidal Ointment.	1 Ct 1195 \$8.00		Voltaren Arthritis Pain Relief Gel 3.53 oz. Non-steroidal, full prescription strength topical gel. 1% diclofenac sodium.	1 Ct 7434 \$33.00
	Preparation H Medicated Hemorrhoidal Wipes Maximum strength with witch hazel and soothing aloe. Flushable.	48 Ct 3909 \$14.00		Cooling Menthol Lavender Migraine Headache Pads Fast, cooling headache relief that lasts up to 12 hours. Single use. 4.3" x 2".	4 Ct 1203 \$11.00
	GoodSense Hemorrhoidal Suppositories Compare to the active ingredient in Preparation H hemorrhoidal suppositories.	12 Ct 2225 \$10.00		Salonpas 4% Lidocaine Gel Pain Relieving Patch Maximum strength relief for up to 8 hours. Unscented. 4" x 5.5".	6 Ct 2262 \$22.00
	Medline Ibuprofen Tablets 200 mg NSAID pain reliever and fever reducer. Coated for easier swallowing.	100 Ct 4201 \$6.00		Salonpas Pain Relieving Patch 3 pain fighters work at site of pain. Single-use. Large 5.67" x 3.62".	6 Ct 1208 \$11.00
	Medline ActivICE Topical Pain Reliever Roll-On 3oz. Fast-acting muscle ache relief. Compare to the active ingredients in Biofreeze.	1 Ct 2033 \$15.00		Medline Naproxen Sodium Tablets 220 mg Relief for up to 12 hours. Compare to the active ingredient in Aleve.	100 Ct 1205 \$13.00
	Medline ActivICE Topical Pain Reliever Gel 4 oz. Fast-acting muscle ache relief. Compare to the active ingredients in Biofreeze.	1 Ct 2221 \$13.00		Anbesol Max Strength Pain Relief Gel 0.33 oz. Maximum strength 20% benzocaine.	1 Ct 6715 \$15.00

Sleep Support



Vicks ZzzQuil Nighttime Sleep Aid Liquicaps
Non-habit forming. 25 mg diphenhydramine.

48 Ct
3904
\$29.00

Stomach Remedies



Reg Strength Alkum Antacid Chewable Tablets 500 mg
Compare to the active ingredients in Tums. Assorted fruit flavors.

150 Ct
1218
\$11.00



Famotidine Heartburn Tablets 10 mg
Acid reducer.

30 Ct
6148
\$10.00



GoodSense Effervescent Pain Relief Tablets
Compare to the active ingredients in Alka-Seltzer.

36 Ct
1216
\$12.00



Guardian Pink-Bismuth Chewable Tablets
Compare to the active ingredient in Pepto-Bismol.

30 Ct
3691
\$11.00



Pepto Bismol Chewable Tablets
Nausea, heartburn, indigestion, upset stomach, diarrhea relief. Original flavor.

30 Ct
3863
\$11.00



Prilosec OTC Heartburn Relief Tablets
Delayed-release for up to 24 hours of relief. Two 14-day courses of treatment.

42 Ct
3871
\$49.00



TUMS Ultra Strength Chewable Antacid Tablets
750 mg calcium carbonate. Berry flavor.

72 Ct
7476
\$19.00



TUMS Smoothies Extra Strength Antacid Tablets
750 mg calcium carbonate. Berry fusion flavor.

140 Ct
6193
\$20.00



Guardian PinkBismuth Stomach Relief Liquid 8 oz.
Compare to the active ingredient in Pepto-Bismol.

1 Ct
1221
\$12.00



Geri-Lanta Antacid & Antigas Liquid 12 oz.
Compare to the active ingredients in Regular Strength Mylanta.

1 Ct
1217
\$12.00



Pepto Bismol Liquid 16 oz.
5 symptom relief. Original formula.

1 Ct
7909
\$20.00



Imodium A-D Anti-Diarrheal Caplets 2 mg
Helps control symptoms of diarrhea including Travelers' Diarrhea.

24 Ct
6102
\$23.00



Quality Plus Anti-Diarrheal Loperamide Caplets
Compare to the active ingredient in Imodium A-D Anti-Diarrheal.

24 Ct
6113
\$8.00



Ready in Case Simethicone Gas Relief Softgels 180 mg
Ultra strength. Compare to the active ingredient in Phazyme Ultra Strength.

60 Ct
5061
\$15.00



GeriCare Chewable Simethicone Gas Relief Tablets 80 mg
Mint flavor.

100 Ct
1731
\$13.00



Bisacodyl Laxative Tablets 5 mg
Enteric coated.

100 Ct
4144
\$8.00



Docusate Sodium Stool Softener Softgels 100 mg
Compare to the active ingredients in Colace regular strength stool softener.

100 Ct
1240
\$8.00



GeriCare Fiber Laxative Caplets 625 mg
Compare to the active ingredient in FiberCon.

90 Ct
7229
\$13.00



Major Lactase Dairy Digestive Aid Caplet 3,000 FCC
Compare to the active ingredient in Lactaid Fast Act.

60 Ct
1732
\$14.00



GeriCare Milk of Magnesia 12 oz.
Compare to the active ingredient in Philips' Milk of Magnesia.

1 Ct
1231
\$8.00



Rugby Travel Sickness Meclizine Tablets
Chewable. Contains aspartame. Compare to active ingredient in Bonine tablets.

100 Ct
7966
\$13.00



Quality Plus Motion Sickness Relief Dimenhydrinate Tablets 50 mg
Dimenhydrinate for nausea relief.

12 Ct
6098
\$6.00

**MiraLAX Laxative Powder 4.1 oz.**

Dissolves in any beverage. Grit-free. 7 doses. Unflavored.

1 Ct
6733
\$17.00**GoodSense ClearLax Powder Laxative 17.9 oz.**

Grit-free, unflavored powder. Compare to the active ingredient in MiraLAX.

1 Ct
2060
\$20.00**Medline Pure & Gentle Saline Enema Laxative 4.5 oz.**

Ready-to-use, soft squeeze bottle with lubricated comfort tip. Single use.

1 Ct
1237
\$4.00**Medline Senna Natural Laxative Tablets 8.6 mg**

Compare to the active ingredients in Senokot.

100 Ct
1234
\$7.00**Stop Smoking****GoodSense Stop Smoking Nicotine Gum**

4 mg. Compare to the active ingredient of Nicorette gum.

50 Ct
7500
\$28.00**Medline Clear Nicotine Patch 21 mg**

Stop smoking aid. Step 1.

14 Ct
6127
\$33.00**Mobility****Canes & Crutches****Medline Folding T-Handle Aluminum Cane**

Compact folding design fits into a purse, suitcase. Weighs only 1 lb. yet supports 250 lbs.

1 Ct
5013
\$24.00**Walkers & Rollators****Medline Basic Steel Rollator**

Padded backrest and 12" x 12" seat. 6" wheels. Burgundy.

1 Ct
6044
\$78.00**Medline 2-Button Aluminum Folding Walker**

Folds to a slim 4.5 inches for easy transport. 5" wheels. 300 lb. weight capacity.

1 Ct
3956
\$54.00**Personal Care Essentials****Bath & Body Care****Medline Spectrum Advanced Hand Sanitizer Gel 8 oz.**

Moisturizing formula with 70% ethyl alcohol.

1 Ct
4170
\$8.00**Pyrrithione Zinc Dandruff Shampoo Conditioner 14.2 oz.**

Compare to the active ingredients in Head & Shoulders 2-in-1 Classic Clean.

1 Ct
2164
\$12.00**Beauty & Cosmetics****Medline Nonsterile Cotton Balls**

Highly absorbent, 100% bleached cotton 1-inch balls.

200 Ct
1051
\$6.00**Simply Soft Premium Cotton Rounds**

100% pure, natural, lint-free cotton. Gentle on skin, yet strong and durable.

300 Ct
6861
\$13.00**Simply Soft 100% Cotton Swabs**

Premium swabs for beauty care and first aid.

300 Ct
1647
\$10.00**Q-Tips Cotton Swabs**

Flexible paper stick with soft cotton tips.

300 Ct
6863
\$10.00**Cleansing Wipes****Medline FitRight Aloe Personal Wipes**

Gentle aloe-based formula. Standard weight. 8" x 10". Scented.

100 Ct
1103
\$10.00**Medline FitRight Aloe Personal Wipes**

Gentle aloe-based formula. Standard weight. 8" x 10". Unscented.

100 Ct
1858
\$12.00**Cottonelle Flushable Wipes**


Biodegradable, flushable, alcohol-free. 168 wipes in softpack.


168 Ct
3786
\$19.00**ReadyFlush JR Biodegradable Flushable Wipes**


Safe for sewer and septic systems. 7" x 8". Unscented.


40 Ct
3948
\$6.00


Ear & Eye Care


 **Dr. Sheffield's Ear Wax Removal Drops 15 mL** 1 Ct
6.5% carbamide peroxide solution. Compare to the active ingredient in Debrox. **1035**
\$9.00


 **Bausch + Lomb Alaway Allergy Eye Drops 10 mL** 1 Ct
Acts in minutes to provide up to 12 hours of relief. **2241**
\$37.00


 **Artificial Tears Lubricant Eye Drops 0.5 oz** 1 Ct
Compare to the active ingredients in Visine Tears Eye Drops. **1630**
\$10.00


 **Refresh Tears Lubricant Eye Drops 15 mL** 1 Ct
Immediate, soothing relief for dry eyes. 0.5% carboxymethylcellulose sodium. **3963**
\$26.00

 **Refresh Tears Lubricant Eye Drops 15 mL** 2 Ct
Immediate, soothing relief for dry eyes. 0.5% carboxymethylcellulose sodium. **2256**
\$38.00


 **Refresh Plus Lubricant Eye Drops Single Containers** 30 Ct
Immediate, soothing relief for dry eyes, LASIK dryness. **1631**
\$28.00


 **Bausch + Lomb Soothe Night Eye Ointment 3.5 g** 1 Ct
Dry eye therapy for overnight use. **6053**
\$21.00

 **Medline Plastic Contact Lens Case** 1 Ct
Securely holds lenses and solution. **4103**
\$4.00

 **Bausch & Lomb Sensitive Eyes Plus Saline Solution 12 oz.** 1 Ct
Extra-gentle contact solution, pH-balanced formula with potassium, an ingredient found in natural tears. **5059**
\$12.00

Feminine Care

 **Medline FitRight Panty Liners** 40 Ct
Very light absorbency. Individually wrapped. 7" long. **6157**
\$11.00

 **Kotex Daily Panty Liners Regular** 64 Ct
Light protection with Xpress Dri. Unscented. **5010**
\$11.00



Medline Maxi Period Postpartum Pad 12 Ct
Heavy absorbency. Individually wrapped. 9" L x 2-1/2" W. **6876**
\$4.00



Medline Maxi Period Postpartum Pad with Wings 12 Ct
Heavy absorbency for day/night use. Extra-long 11" pad for better coverage. **6877**
\$6.00

Foot Care



Medline Gel Hallux Bunion Guard 1 Ct
Washable, reusable and hypoallergenic. **1440**
\$8.00



Gold Bond Medicated Diabetic Foot Cream 3.4 oz. 1 Ct
Soothing relief for dry, cracked skin. 24 hours of moisture. **3758**
\$15.00



Medline Adjustable Heel Lift 1 Ct
3 layers of foam. Fits right or left foot. Size medium. **6883**
\$13.00



GoodSense Moleskin Plus Sheets 4 Ct
4-1/8" x 3-3/8". Trim to fit. Compare to Dr. Scholl's. **1469**
\$8.00

Oral Care



Gum Soft-Picks Original Dental Picks 50 Ct
Gently helps remove food and plaque between teeth. **3784**
\$8.00



Medline SparkleFresh Denture Adhesive Cream 2.4 oz. 1 Ct
Compare to Fixodent. **2227**
\$7.00















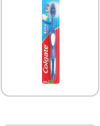











Medline 2-Sided Denture Brush 1 Ct
Large brush head removes food and stains. Small, angle-trimmed brush head for hard-to-reach areas. **6919**
\$4.00



Effervescent Denture Cleanser Tablets 90 Ct
Compare to the active ingredient in Efferdent. **1155**
\$12.00



Medline Denture Container with Lid 1 Ct
Aqua with clear lid. 8 oz. **2098**
\$3.00

	Colgate 360 Power Battery Powered Toothbrush 4-way clean. One AA battery included.	1 Ct 6192 \$23.00		Listerine Antiseptic Mouthwash 1.5 L Cool mint.	1 Ct 6067 \$18.00
	Conair InterPlak Rechargeable Cordless Toothbrush Recharges on its own compact storage base.	1 Ct 5003 \$33.00		Dental Clean Tongue Cleaner Scraper Ergonomic design. Premium bristles.	2 Ct 1880 \$8.00
	Freshmint Waxed Dental Floss 100 yd. Mint flavor.	1 Ct 1154 \$6.00		Colgate 360 Sonic Replacement Brush Heads Deep reach design with soft bristles.	2 Ct 1151 \$17.00
	Oral-B Glide Pro-Health Deep Clean Dental Floss Silky smooth. Cool mint. Pack of 3 43-yd. rolls.	3 Ct 3779 \$22.00		InterPlak Rechargeable Toothbrush Replacement Head Push on and click in place.	2 Ct 5009 \$21.00
	Dental Flossers Cleans between teeth to remove food and plaque.	90 Ct 7655 \$6.00		Colgate Toothpaste 0.85 oz. Cavity protection formula in travel-size tube. Regular flavor.	1 Ct 3418 \$3.00
	Colgate Adult Toothbrush Soft bristles.	1 Ct 6196 \$4.00		Colgate Fluoride Toothpaste 4 oz. Great regular flavor.	1 Ct 6943 \$4.00
	Colgate Extra Clean Adult Toothbrush Medium bristles.	1 Ct 6929 \$4.00		Colgate Triple Action Toothpaste 6 oz. 3-in-1 formula for cavity protection, whiter teeth and fresh breath.	3 Ct 3749 \$20.00
	Colgate Extra Clean Adult Toothbrush Firm bristles.	1 Ct 6930 \$4.00		Crest Sensi-Relief Toothpaste 6 oz. Mint flavor.	1 Ct 6076 \$12.00
	Medline Super Soft Adult Toothbrush Soft bristles are gentle on teeth and gums. Contoured handle. Wrapped.	1 Ct 1163 \$3.00		Fresh Mint Sensitive Teeth Toothpaste 4.3 oz. Compare to the active ingredients in Sensodyne Fresh Mint.	1 Ct 1494 \$10.00
	Medline Adult Toothbrush Soft bristles are gentle on teeth and gums. Contoured handle. Wrapped.	1 Ct 1883 \$4.00		Medline SparkleFresh Toothpaste 2.75 oz. Fluoride to help protect against cavities. Travel-size. Mint flavor.	1 Ct 4110 \$3.00
	Biotene Dry Mouth Moisturizing Spray 1.5 oz. Refreshing gentle mint flavor.	1 Ct 1482 \$23.00		Pepsodent Complete Care Toothpaste 5.5 oz. Enamel strengthening, helps whiten teeth. Original flavor.	1 Ct 1161 \$7.00
	Biotene Alcohol-Free Dry Mouth Mouthwash 16 oz. Soothing moisturization without burning. Relief for up to 4 hours. Fresh mint.	1 Ct 1410 \$19.00		Sensodyne ProNamel Toothpaste 4 oz. Fresh breath formula.	2 Ct 3747 \$26.00

**Conair Interplak Dental Water Jet**

Cordless, battery operated water jet flushes out plaque and food debris.

1 Ct
5007
\$59.00

Skin Care**After Sun Aloe Gel 20 oz.**

With 0.5% lidocaine.

1 Ct
7684
\$15.00

**Gold Bond Diabetic Dry Skin Lotion 13 oz.**

Non-greasy. Fragrance-free.

1 Ct
3746
\$24.00

**Carmex Classic Lip Balm 0.35 oz.**

Moisturizing cocoa butter plus cooling camphor and menthol.

1 Ct
6913
\$5.00

**CareAll Petroleum Jelly 13 oz.**

Moisturizes rough, dry, chapped skin.

1 Ct
1076
\$13.00

**Medline Remedy Specialized Skin Cream 4 oz.**

All-over body cream with 1.5% dimethicone. Scented.

1 Ct
1247
\$11.00

**Jergens Ultra Healing Dry Skin Moisturizer 32 oz.**

Repairs and heals extra dry skin with vitamins C, E and B5.

1 Ct
7688
\$34.00

**CURAD Vitamin A&D Ointment 2 oz.**

Skin protectant helps protect against wetness.

1 Ct
1106
\$6.00

**Aquaphor Healing Ointment Dry Skin Moisturizer 7 oz.**

Trusted by dermatologists to protect and help heal dry, chapped or cracked skin. Hypoallergenic, fragrance-free.

1 Ct
6965
\$24.00

**Medline Remedy Mineral Sunscreen Stick 0.5 oz.**

Broad spectrum SPF 50.

1 Ct
3752
\$10.00

**Neutrogena Age Shield Face Sunscreen 3 oz.**

Oil-free, nongreasy formula protects and hydrates skin. SPF 70.

1 Ct
3763
\$24.00

Protection Wear**Face Covering****Medline Disposable Face Masks**

White with ear loops.

10 Ct
7209
\$4.00

**Medline ASTM Level 1 3-Ply Face Mask**

Lightweight, medical-grade mask with ear loops. Blue.

50 Ct
3605
\$11.00

Recovery & Rehabilitation**Braces & Supports****CURAD Back Support with Dual-Pulley**

Low-profile, adjustable compression. Metal stays for added support. L/XL (37"-44" waist).

1 Ct
4165
\$29.00

**CURAD Back Support with Dual-Pulley**

Low-profile, adjustable compression. Metal stays for added support. 2XL (45"-50" waist).

1 Ct
6007
\$29.00

**CURAD Universal Elastic Back Support**

Low-profile with removable stays. Side-pull panels for all-around compression. Hook-and-loop closure.

1 Ct
4167
\$24.00

**CURAD IRONMAN Elastic Pull-Over Ankle Support**

Targeted compression plus infrared technology. L/XL (13"-17" around heel and instep).

1 Ct
6004
\$22.00

**CURAD Pull-Over Ankle Support**

Open heel. Universal size.

1 Ct
7012
\$14.00

**CURAD 7" Elastic Pull-Over Wrist Support**

Compression for weak/injured wrist. Fits right or left. M (6"-7" circumference).

1 Ct
4163
\$13.00



CURAD 9-Inch Elastic Pull-Over Knee Support

Compression for weak/injured knee. Fits right or left.

S (14"-16" circum)	1 Ct	3738	\$12.00
M (16"-18" circum)	1 Ct	4159	\$12.00
L (18"-20" circum)	1 Ct	4157	\$12.00
XL (20"-22" circum)	1 Ct	4158	\$12.00
2XL (22"-24" circum)	1 Ct	5019	\$12.00



Medline Knee Support with Removable U-Buttress

5 spiral medial and lateral stays for added stability. Black. Size XL (16"-18" knee circumference).

1 Ct
1742
\$21.00

Compression Garments



Medline Plantar Fasciitis Relief Sleeve

30 mmHG. Breathable nylon/spandex. Black. Size M (Men's 6-9.5/Women's 7-10.5).

1 Ct
1472
\$17.00



Men's Dr. Scholl's Diabetic Ankle Socks

Cushioning plus TempRite technology for comfort. White. Men's size XL (13-15).

4 Pr
7592
\$30.00



Men's Dr. Scholl's Diabetic Crew Socks

Cushioning plus TempRite technology for comfort. Black. Men's M/L (7-12).

4 Pr
3917
\$26.00



Women's Dr. Scholl's Diabetic Crew Socks

Cushioning plus TempRite technology for comfort. Black. Women's M/L (4-10).

4 Pr
3918
\$26.00



Ultra Soft Diabetic Socks

80% cotton, 15% polyester, 5% spandex. Black.

M (Men's 6-8/Women's 5-9.5)	3 Pr	8239	\$16.00
L (Men's 7.5-11/Women's 9-12)	3 Pr	6858	\$16.00
XL (Men's 11-14/Women's 12+)	3 Pr	6860	\$16.00



Medline Ultra Padded Diabetic Crew Socks

Superior cushioning. White.

Size M (Women's 6-9/Men's 5-8)	2 Pr	1085	\$17.00
Size L (Women's 9-12/Men's 7-10)	2 Pr	1084	\$17.00
Size XL (Women's 12-15/Men's 10-13+)	2 Pr	1086	\$17.00



Ultra Soft Diabetic Socks

80% cotton, 15% polyester, 5% spandex. White.

M (Men's 6-8/Women's 5-9.5)	3 Pr	8238	\$16.00
L (Men's 7.5-11/Women's 9-12)	3 Pr	6859	\$16.00
XL (Men's 11-14/Women's 12+)	3 Pr	6269	\$16.00



CURAD Knee High Compression Dress Socks

Business style with light compression. 8-15 mmHg. Black.

Size Small	1 Pr	1434	\$21.00
Size Medium regular length	1 Pr	1435	\$21.00
Size Large (Size C)	1 Pr	1436	\$21.00
Size XL (Size D)	1 Pr	7616	\$21.00

Hot & Cold Therapies



Medline Electric Heated Blanket

Soft gray flannel with white sherpa back. 4 temp settings. 50" x 60".

1 Ct
6235
\$104.00



Briggs Deluxe Electric Moist Heat Pad

Provides dry or moist heat. Auto shut-off. 24.5" x 11.5".

1 Ct
1934
\$46.00



Electric Heating Pad for Neck and Shoulder

3 heat settings. Removable, machine washable cover.

1 Ct
3969
\$65.00



Medline Accu-Therm Reusable Hot/Cold Gel Pack

Microwave for hot therapy, freeze for cold therapy. Stays pliable and soft. 5" x 10".

1 Ct
1041
\$4.00



Medline Reusable English-Style Ice Bag

Blue cloth covering stays dry during use. 7" long.

1 Ct
1915
\$13.00

**CURAD Hot or Cold Therapy Water Bottle 2 qt.**

Flexible, ridged rubber conforms to contours.

1 Ct
1639
\$18.00**Muscle Stimulators****Compass Health Digital Dual-Channel TENS Unit**

Drug-free pain management. TENS 7000 device, lead wires, 4 self-stick electrodes, 9V battery, case.

1 Ct
3450
\$88.00**Vitamins & Supplements****Antioxidants****Medline Coenzyme Q10 Softgels 100 mg**

Contains soy.

30 Ct
1265
\$16.00**Alpha Lipoic Acid Capsules 200 mg**

Dietary supplement.

60 Ct
1526
\$19.00**21st Century Antioxidant & Vitamin A, C, E Tablets**

Also includes calcium, zinc, selenium, copper and manganese.

60 Ct
2061
\$15.00**Digestive Health****Sugar-Free Psyllium Fiber Powder Supplement Orange 10 oz.**

Compare to the active ingredient in Metamucil. Orange flavor.

1 Ct
1734
\$20.00**Metamucil Fiber Powder 23.3 oz.**

114 teaspoon servings. Sugar free. Orange flavor.

1 Ct
6108
\$49.00**Metamucil Fiber Supplement Caplets**

#1 doctor recommended brand.

160 Ct
6103
\$40.00**Culturelle Digestive Health Probiotic Capsules**

10 billion active cultures. Naturally sourced Lactobacillus GG.

30 Ct
6106
\$36.00**Letter Vitamins****21st Century Vitamin A Softgels 10,000IU**

Gluten-free.

110 Ct
1286
\$13.00**GeriCare Vitamin B-1 Thiamin Tablets 100 mg**

Dietary supplement.

100 Ct
3400
\$12.00**GeriCare Vitamin B12 Tablets 500 mcg**

Dietary supplement.

100 Ct
1291
\$10.00**Plus Pharma Vitamin B12 Tablets 1,000 mcg**

Also with 23 mg calcium.

100 Ct
1289
\$20.00**21st Century B-Complex Energy Support Tablets**

Gluten free.

100 Ct
6254
\$7.00**21st Century Vitamin B Complex with Vitamin C Tablets**

Multivitamin formula.

100 Ct
2073
\$12.00**Emergen-C Vitamin C Powder Drink Mix**

1,000 mg of vitamin C plus antioxidants and electrolytes. Tangerine flavor.

30 Ct
7243
\$24.00**ImmuBlast Immune System Chewable Tablets**

Compare to the active ingredients in Airborne. Citrus flavor.

32 Ct
1751
\$12.00**GeriCare Vitamin C Tablets 500 mg**

Also known as ascorbic acid.

100 Ct
6234
\$13.00**Vitafusion Power C High Potency Gummies**

282 mg of vitamin C per 3 gummy serving.

150 Ct
7242
\$20.00**21st Century Vitamin D3 Tablets 50 mcg**

Gluten-free.

250 Ct
1295
\$12.00

**YumVs Calcium Gummies with Vitamin D3**

Raspberry and orange flavor.

60 Ct
7247
\$17.00**GeriCare Vitamin D3 Tablets 1,000 IU**

Dietary supplement.

100 Ct
3855
\$10.00**Reliable 1 Vitamin D3 Softgels 2000IU**

Easier to swallow softgel.

100 Ct
2233
\$12.00**Minerals****GoodSense Chocolate Calcium Chews 650 mg**

Compare to the active ingredients in Viactiv.

60 Ct
1754
\$23.00**Vitafusion Calcium Gummies**

500 mg calcium and 25 mcg vitamin D per serving. Fruit and cream flavors.

100 Ct
7258
\$23.00**Mason Natural Iron Tablets 65 mg**

65 mg iron (from 325 mg or 5 grains of ferrous sulfate).

100 Ct
7259
\$12.00**Windmill Magnesium Gluconate Tablets 500 mg**

No sugar, artificial colors or flavors. Gluten free.

90 Ct
7260
\$27.00**GeriCare Magnesium Oxide Coated Tablets 400 mg**

Compare to the active ingredient in MAG-OX 400.

120 Ct
1745
\$11.00**21st Century Potassium Gluconate Tablets 595 mg**

No added sugar, yeast, preservatives.

100 Ct
7262
\$12.00**GeriCare Zinc Sulfate Tablets 50 mg**

Dietary supplement.

100 Ct
3401
\$10.00**Multivitamins****GeriCare Multivitamin with Mineral Tablets**

Once daily formula.

100 Ct
7266
\$8.00**GeriCare One-Daily Multivitamin Tablets**

Daily nutritional supplement.

100 Ct
3861
\$7.00**Major Multivitamin Stress Formula with Zinc Tablets**

High-potency formula.

60 Ct
3483
\$12.00**Vitafusion Men's Daily Multi-Vitamin Gummies**

Berry flavor.

150 Ct
7263
\$26.00**Vitafusion Women's Daily Multi-Vitamin Gummies**

Berry flavor.

150 Ct
7264
\$26.00**Sentry Senior Multivitamin & Mineral Tablets**

For active adults 50+. Compare to Centrum Silver.

100 Ct
1261
\$13.00**Centrum Silver 50+ Multivitamin & Mineral Tablets**

Gluten-free. No artificial sweeteners.

125 Ct
6114
\$26.00**Centrum Silver Multivitamin Tablets Men's 50+**

Non-GMO. Gluten-free.

200 Ct
3866
\$43.00**Centrum Silver Multivitamin Tablets Women's 50+**

Non-GMO. Gluten-free.

200 Ct
3867
\$43.00**Supplements****Bausch + Lomb PreserVision AREDS2 Eye Vitamins**

Mini softgels.

120 Ct
1632
\$65.00**Hi-Potency Biotin B7 Vitamin Tablets 1000 mcg**

Dietary supplement also known as vitamin H, vitamin B7 and vitamin B8.









100 Ct
6227
\$12.00**Mason Natural Brain Power With Sage Extract Caplets**

65 mg calcium, 50 mg phosphatidylserine, 400 mg sage extract.

60 Ct
7280
\$24.00**Medline Flaxseed Oil Softgels 1000 mg**

Also a source of alpha-linolenic acid.

60 Ct
3416
\$8.00

	GoodSense Triple Strength Glucosamine Chondroitin Tablets 750 mg glucosamine and 600 mg chondroitin. Contains shellfish.	100 Ct 1755 \$33.00
	True Plus Glucose Chewable Tablets 4g Raises low blood sugar and boosts energy. Orange flavor.	50 Ct 1757 \$14.00
	21st Century Lutein Softgels 20 mg Gluten-free.	60 Ct 6095 \$21.00
	Health Star Melatonin Tablets 5 mg Dietary supplement.	90 Ct 7289 \$6.00
	21st Century Omega-3 Fish Oil Softgels 1000mg 300 mg total Omega-3 fatty acids.	60 Ct 2248 \$12.00
	Medline Fish Oil Softgels 1000 mg Rich in essential Omega-3 fatty acids (EPA & DHA). 234 mg of Omega-3.	90 Ct 3378 \$15.00
	21st Century Prostate Health with Beta-Sitosterol Softgels 125 mg Vitamin D3, B6, zinc, 450 mg of plant sterol esters.	60 Ct 7813 \$24.00
	Nature's Blend Turmeric Capsules 500 mg No artificial colors or flavors. Gluten-free.	60 Ct 3737 \$14.00

• Call customer service at 1-855-AND-MORE (1-855-263-6673; TTY 711) Monday to Friday 8am - 8pm local time.

Prominence Health Plan is an HMO plan with a Medicare contract. Enrollment in Prominence Health Plan depends on contract renewal. You must continue to pay your Medicare Part B premium.

****Not all products in this catalog may be covered under your benefit. To check item plan eligibility, please log in to andmorehealth.com and view your unique product assortment.****

Notice of Availability of Language Assistance Services & Auxiliary Aids

ENGLISH – ATTENTION: Language assistance services and auxiliary aids are available to you at no charge.

AMHARIC – ያስተውሉ:- የቋንቋ እገዛ አገለግሎቶችን እና መርጃ መሣሪያዎችን ያለ ምንም ክፍያ ማግኘት ይችላሉ።

ARABIC – والمساعدة اللغوية، بالإضافة إلى الوسائل المساعدة، متوفرة لك مجاناً. تنبيه: خدمات الترجمة

ARMENIAN – Լեզվակերպան օգնությունը ծառայությունները և օժանդակ սիջոնցները հասանելի են Ձեզ համար անվճար:

BANTU-KIRUNDI – ICITONDERWA: Ibikorwa vyo gufasha mu vyerekeye ururimi n'ibikoresho vy'inyinyongera vyo gufasha birahari ku buntu.

BASSA – CMR Bassa (Cameroon Bassa): Njarj ne: Ndurj me tebu nge me ne m bɔɔŋ yɛŋ lɛ nà ngɔ nà wɛ ké m mɔ, mà ké tè mé wé.

Liberian Bassa: Leh-mah: Wroko-lu ni kpéene wɔɔɔa ni bɔ ni kɔ sà, gbɛɛ deɛ a dɛ nyè, màa dɛ sù sáa.

BENGALI – মনে রাখবেন: ভাষার জন্য সহায়ক পরিষেবা এবং বাড়তি সহায়তা আপনার জন্য বিনামূল্যে উপলভ্য।

BURMESE – ဂရုပြုရန်- ဘာသာစကားအကူအညီပေးရေး ဝန်ဆောင်မှုများနှင့် အရန်အကူအညီများကို အခမဲ့ ရယူနိုင်ပါသည်။

CAMBODIAN – ការយកចិត្តទុកដាក់៖ សេវាកម្មជំនួយភាសា និងឧបករណ៍ជំនួយអ្នកមានបញ្ហាការប្រាស្រ័យទាក់ទង អាចផ្តល់ជូនអ្នកដោយមិនគិតថ្លៃ។

CHEROKEE – OYSVTS: DL0*VT SVO*ZB00J O*VPRT Dɔ O*LO*VT D00ILS O*VPRT 00Y Dɔ d0*VT0J ɔY TSR.ɔ Dɔ O*0L*0ET.

CHINESE TRADITIONAL – 注意： 您可以免費獲得語言輔助服務和輔助工具

DUTCH – Achtung: Sprachhilfedienste un Hilfsmittel sin für euch kostenlos verfügbar.

CHOCTAW – AHVLLA: Anumpuli isht aiittanaha anumpuli tuklo isht anoli aiimpa chito micha isht anokfilli atoksvli tuk achukma, ish hohchifo yohmi aiimpa tuk.

FARSI – توجه: خدمات کمک زبانی و وسایل کمکی به صورت رایگان در اختیار شما قرار می‌گیرد.

FRENCH – ATTENTION : des services d'assistance linguistique et des aides complémentaires sont mis gratuitement à votre disposition.

FRENCH-CREOLE – ATANSYON: Sèvis asistans lang ak èd siplèmantè disponib pou ou san frè.

GERMAN – HINWEIS: Hilfsmittel und Sprachassistenten stehen Ihnen kostenfrei zur Verfügung.

GREEK – ΠΡΟΣΟΧΗ: Οι υπηρεσίες γλωσσικής υποστήριξης και τα βοηθητικά μέσα είναι στη διάθεσή σας στη διεύθυνση χωρίς χρέωση.

GUJARATI – ધ્યાન રાખો: ભાષા સહાયતા અંગેની સેવાઓ અને સહાયક સાધનો તમારા માટે નિ:શુલ્ક ઉપલબ્ધ છે.

HEBREW – תשלום ללא עבורכם זמינים כלוויים ועזרים בשפה סיוע שירותי: לב שימו.

HINDI – ध्यान दें: भाषा सहायता सेवाएं और सहायक साधन आपके लिए नि:शुल्क उपलब्ध हैं।

HMONG – CEEB TOOM: Cov kev pab cuam txhais lus thiab cov cuab yeej khoom siv pab muaj rau koj yam tsis tau them nqi.

ILOCANO – IPANGAG: Dagiti serbisio a tulong iti pagsasao ken dagiti katulongan a tulong ket magun-odanyo nga awan bayadna.

IGBO – GEE NTỊ: Ọrụ enyemaka asụsụ nakwa nkwado ihe enyemaka dịrị gị na-akwughị ụgwọ ọbụla.

INDONESIAN – PERHATIAN: Layanan bantuan bahasa dan alat bantu tambahan tersedia untuk Anda tanpa biaya.

ITALIAN – ATTENZIONE: I servizi di assistenza linguistica e gli ausili sono disponibili gratuitamente.

KURDISH – Kurdish Sorani: سه‌رنج: خزمەتی یارمەتی زمان و یارمەتی لاوەکی بە‌لاش بۆ تۆ بە‌رده‌سته
Kurdish Kurmanji: Agahî: Xizmeta alîkarîya zimn û alîkarîyên yedek ji bi awayeke bêpere ji we re berdest e.

JAPANESE – ご案内: 言語支援サービス及び補助機器を無料でご利用いただけます。

KOREAN – 주의: 언어 지원 서비스와 보조 도구는 무료로 사용 가능합니다.

LAO – ແຈ້ງເຕືອນ: ບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ ແລະ ເຄື່ອງຊ່ວຍເຫຼືອແມ່ນມີໃຫ້ທ່ານໂດຍບໍ່ເສຍຄ່າ.

NAVAJO – BAA'ÁKONÍNÍZIN: T'áá shika' áyóo nihá níł hólq holne' doo bee nihásh'á yáhoot'éego bina'nitin dóó bił haz'á áká'ánígíí t'áá jíik'ehgo t'áá hólq

NEPALI – ध्यान दिनुहोस्: तपाईंका लागि भाषा सहायता सेवाहरू र सहायक उपकरणहरू नि:शुल्क रूपमा उपलब्ध छन्।

PENNSYLVANIA DUTCH – Achtung: Sprachhilfsdienste und Unterstützungsangebote sin für eich umsonst verfügbar.

PUNJABI – ਧਿਆਨ ਦਿਓ: ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਅਤੇ ਸਹਾਇਕ ਸਾਧਨ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਵਿੱਚ ਉਪਲਬਧ ਹਨ।

POLISH – UWAGA: Usługi pomocy językowej i materiały pomocnicze są dostępne bezpłatnie.

PORTUGUESE – ATENÇÃO: Os serviços de assistência linguística e as ajudas auxiliares estão à sua disposição gratuitamente.

ROMANIAN – ATENȚIE: Serviciile de asistență lingvistică și mijloacele auxiliare sunt disponibile gratuit.

RUSSIAN – ВНИМАНИЕ: Услуги языковой поддержки и вспомогательные средства доступны для вас бесплатно.

SAMOAN – FAAMATALAGA: O lo'o avanoa fua mo oe auaunaga fesoasoani i le gagana ma fesoasoani fa'aopoopo.

SERBO-CROATIAN – PAZNJA: Usluge jezičke pomoći i pomoćna sredstva dostupni su vam besplatno.

SPANISH – ATENCIÓN: los servicios de asistencia lingüística y las ayudas auxiliares están disponibles para usted de manera gratuita.

SOMALI – DIGNIIN: Adeegyada caawinta luqadda iyo qalabka gacan-siinta waa lagu heli karaa bilaash.

SWAHILI – TAFADHALI FAHAMU: Huduma za usaidizi wa lugha na vifaa vya kusaidia vinapatikana kwako bila malipo.

TAGALOG – FILIPINO – PAUNAWA: May inilalaan na mga pantulong sa pagsasalin ng wika, tulong sa pandinig, o tulong sa pagbabasa para sa inyo nang walang bayad.

TELUGU – గమనిక: భాషా సహాయ సేవలు మరియు సహాయక సహాయాలు మీకు ఉచితంగా అందుబాటులో ఉన్నాయి.

THAI – หมายถึง บริการช่วยเหลือด้านภาษาและบริการเสริมอื่น ๆ เปิดให้ใช้บริการแล้วโดยไม่มีค่าใช้จ่ายเพิ่มเติม

TONGAN – TOKANGA: Ko e ngaahi sevesi tokoni ki he lea mo e ngaahi tokoni 'oku 'ataa ia kiate koe 'o 'ikai ha totongi.

UKRANIAN – УВАГА: Мовні послуги та допоміжні засоби доступні для вас безкоштовно.

URDU – میں معاونت کی خدمات اور امدادی سہولیات آپ کے لیے بلا معاوضہ دستیاب ہیں۔
توجہ فرمائیں: زبان

VIETNAMESE – LƯU Ý: Dịch vụ hỗ trợ ngôn ngữ và các phương tiện hỗ trợ được cung cấp miễn phí cho bạn.

YORUBA – ÌKÍLÒ: A n pèsè ìrànlọwọ itúmọ̀ èdè àti àwọn ohun èlò àfikún fún ọ láísanwó.



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